



# Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

## Tonawanda to Amherst

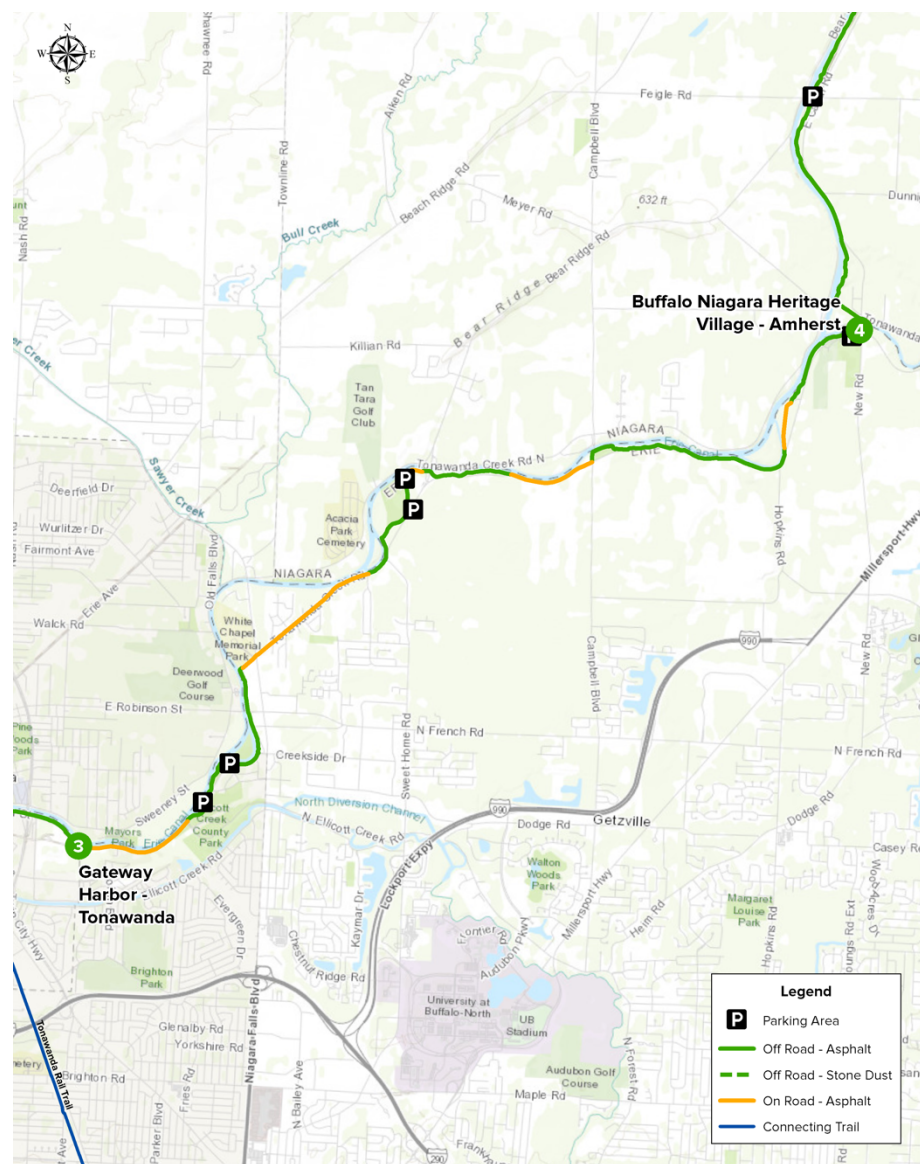
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

**Start** **3** Tonawanda

Turn	Notes	Distance
↗	Head east on E Niagara St	135 ft
↑	Continue onto Creekside Dr	0.979 mi
←	Slight left at Park Rd onto Erie Canalway Trail	1.74 mi
↑	Continue onto Tonawanda Creek Rd	1.32 mi
←	Turn left onto Erie Canalway Trail	1.04 mi
←	Turn left onto Brenon Rd	801 ft
←	Turn left onto Erie Canalway Trail	0.709 mi
←	Keep left to stay on Erie Canalway Trail	361 ft
←	Turn left onto Tonawanda Creek Rd	0.731 mi
←	Turn left onto Erie Canalway Trail	0.298 mi
←	Turn left to stay on Erie Canalway Trail	1.59 mi
←	Slight left onto Orbit Dr	0.395 mi
←	Turn left onto Erie Canalway Trail	0.583 mi
←	Turn left to stay on Erie Canalway Trail	0.350 mi

**End** **4** Amherst

## Eastbound along Erie Canal Trail



**Disclaimer:** Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.